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Piedmont Health gets Golden Star

Award goes to Director of Health Support Services

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**PROSPECT HILL COMMUNITY
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One of Piedmont Health's leaders was recently honored at a regional conference for her work in nutrition education. **Heather Miranda**, Director of Health Support Services at Piedmont Health, received the EFNEP (Expanded Foods and Nutrition Education Program) **Golden Star award** on May 15.

This award was presented to Miranda at the Cooperative Extension Multi-state Conference in Concord, N.C. The Cooperative Extension Service presents its Golden Star award to individuals and groups outside the Cooperative Extension program who have significantly contributed to EFNEP programs.

EFNEP programs work with and help people meet their families' nutritional needs. Families are educated on topics including dietary guidelines, nutrition practices, food safety practices, food resource management and food budget management.

The Cooperative Extension Service is also known as the Extension Service of the U.S. Department of Agriculture (USDA). The Extension Service is an educational program designed to help educate the public in the areas of agriculture, food, the environment, community economic development among other topics. Local Extension Service programs are often provided by state universities.

Miranda, who has worked with the EFNEP during her past 8 years at Piedmont Health, said she is honored to be selected for the program's Golden Star Award. She thanked Piedmont Health's staff at Prospect Hill and in Carrboro WIC (Women, Infants and Children) departments for their work with EFNEP and for promoting nutrition education.

For more information about Piedmont Health, call 919-933-8494 or visit www.piedmonthealth.org.